## Hard work first and smart work next



ఒకప్పడు స్త్రీలు పాద్దున నిద్ర లేచింది మొదలు రాత్రి పడుకునే వరకు ఇంటి అవసరాల కోసం శాలీరక శ్రమ చేసేవాళ్లు. సిజేలియన్ల అవసరం లేకుండానే పిల్లల్ని కని పెంచి పెద్ద చేసేవాళ్లు. ఇప్పడంతా 'స్కార్ట్' తరం. చేత్తో నూరడం ఉండదు. వంటకు బదులు అవసరమైతే అన్లలైన్ యాప్స్ లో ఫుడ్ అర్దర్లు పెడతారు. 'నో హార్డ్ వర్క్.. ఓస్లీ స్కార్ట్ వర్క్ ' అంటారు. కుసుమ, నబీన సంభాషణ అలాంటివాల గులంచే..





Kusuma: Is it right? Naveena: What is right?

Kusuma: I'm utterly confused. Naveena: What perplexes you?

Kusuma: The way the members of our family behave! Can I open up about my worries?

Naveena: Am I not your bosom friend? Are your son and his wife quarrelling?

Kusuma: No. They are on good terms with each other.

Naveena: What worries you then?

Kusuma: Sumi doesn't pay heed to my advice.

Naveena: Sumi, your daughter-in-law?

Kusuma: Yes. I ask her to use the stone grinder.

**Naveena:** The traditional, manual stone grinder?

Kusuma: Yes. Given to me by my mother who inherited it from her mother. Naveena: Were you trying to punish her?

Kusuma: Not in the least. If I tried it, the reverse would happen.



**Naveena:** Why do you want Sumi to use the obsolete grinder?

Kusuma: Would it not be a great exercise? Naveena: Yes, of course. It prevents back pain, shoulder pain, stomach pain and what not.

Kusuma: Is it not good for the abdomen? Naveena: Without an iota of doubt. She need not even go for C-section.

Kusuma: Our grandmother had borne eight children and she lived for ninety-eight years.

**Naveena:** And there was no caesarean in those days.

Kusuma: What do you think was the secret of their good health?

Naveena: Stone grinders! I'm not joking. Ladies then had a lot of physical exertion from dawn to dusk.

Kusuma: How can Sumi prevent or overcome lethargy, weakness, obesity and all kinds of pain?

Naveena: Educated women are very smart now-a-days. They do exercise exclusively.

Kusuma: Suggestible to Sumi? Naveena: Ask Sumi to go to the gym or the ground to make up for your stone grinder. Kusuma: Seems to be a good idea. But what about cooking? Naveena: What cooking?

Kusuma: She is reluctant to cook. Naveena: Do you do all the cooking at home?

Kusuma: No. They don't like my cooking. They don't relish my dishes. Naveena: Then what do you all eat and how?

Kusuma: Sumi orders it online. Swiggy delivers it three times a day. My son pays for it.

Naveena: What does she say when you ask her to cook?

Kusuma: She says, 'No hard work. Only smart work.' Naveena: Oh, the idea of smart work has gone to her head.

Kusuma: 'Do smart work. Don't do hard work.' What is this buzz slogan? Naveena: That is a wrong notion. One must work hard and smart as well.



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