

# Do you watch the sunrise often?



**Bhanu:** Have you ever seen the sun not rising?

భూమ్మీద సకల ప్రాణులకు సూర్యుడే శక్తి ప్రదాత. సూర్యుడు పాడుస్తేనే మన కాలం నడుస్తుంది. గడుస్తుంది. రోజూ క్రమం తప్పకుండా ఉదయిస్తూ, అస్తమించే సూర్యుడు నేర్చుకునేవారికి ఓ వ్యక్తిత్వ వికాస పాఠం. కానీ, కొంతమంది మాత్రం బద్ధకంతో సూర్యోదయాలను అసలే ఆస్వాదించరు. ఈ సంభాషణ అలాంటివారిలో సోమరితనాన్ని పోగొట్టి స్ఫూర్తి నింపుతుంది.



**Kishore:** They say that the sun rises every day.

**Bhanu:** How do you enjoy the sunrise?  
**Kishore:** What's it?

**Bhanu:** Have you never seen the rising sun?  
**Kishore:** Curse me if I knew any such thing.

**Bhanu:** You ignoramus! You deserve a place in the zoo alongside animals.  
**Kishore:** How do you expect me to watch the sunrise?

**Bhanu:** What ails you?  
**Kishore:** I get up any time after nine in the morning.

**Bhanu:** Are you proud of it?  
**Kishore:** At least, I'm not ashamed of it. Do you watch the sunrise often?

**Bhanu:** I watch it and enjoy it almost every cloudless morning.  
**Kishore:** Why are you so enamoured of it?

**Bhanu:** The sunrise inspires me.  
**Kishore:** Inspire?

**Bhanu:** It motivates and energises me.

**Kishore:** Are you exaggerating?

**Bhanu:** I'm speaking from experience.  
**Kishore:** I'm not a fool to believe your fun.

**Bhanu:** I'm not a fool to miss the rising sun.  
**Kishore:** By the by, how does the sun inspire you?

**Bhanu:** I imbibe all virtues from the sun.  
**Kishore:** Of course, we need some qualities to be successful in life.

**Bhanu:** There you are. The sunrise inculcates in me, for example, the values of punctuality and discipline.  
**Kishore:** Difficult for me to see your point.

**Bhanu:** Have you ever seen the sun not rising?  
**Kishore:** They say that the sun rises every day.

**Bhanu:** Does the sun complain of fatigue or ennui?  
**Kishore:** Do you mean exhaustion and boredom?

**Bhanu:** Yes. Suppose you had the same tenacity and firmness ...  
**Kishore:** I would build a golden career.

**Bhanu:** Why do most of us fail in achieving our goals?  
**Kishore:** For lack of willpower, fear of failure ...

**Bhanu:** We get started but we give up soon, don't we?  
**Kishore:** Exactly. We are not consistent in our efforts, we are not confident till the end.

**Bhanu:** We manage time badly. We don't prioritise our tasks. We waste time, money and energy.  
**Kishore:** You're right. We are undisciplined to the core.

**Bhanu:** So let's look up to the sun and learn from the sun.  
**Kishore:** Let's imbibe great values. Let's become great persons.



**సూర్యారావు ఎం.వి**  
వివేకానంద ఇన్స్టిట్యూట్ ఆఫ్ లాంగ్వేజెస్, రామకృష్ణ మఠం.