

# You must give up your negative thinking



**Sandhya:** My God! Are you a mind reader?

కొంతమంది పైపై మెరుగులే చూస్తారు.  
ఇలాంటివారికి బాగా హడావుడి కనిపించాలి.  
లేనిది ఉన్నట్టు చూపించాలి.  
లేకుంటే లేనిపోని అనుమానాలు పెట్టుకుంటారు.  
ఎదుటి మనిషి గురించి పూర్తిగా  
తెలుసుకోకుండానే ఓ అభిప్రాయానికి వచ్చేస్తారు.  
అలా కాకుండా ఓర్పుతో ఉంటే అసలు  
విషయం తెలుస్తుంది. ఈ సంభాషణలో  
నెగెటివ్ మైండ్ సెట్ తో  
ఉన్న తన స్నేహితురాలు  
సంధ్య కళ్లను అంకిత ఎలా  
తెరిపించిందో చదవండి మరి..

ఇంగ్లీష్  
మాట్లాడదాం



**Ankitha:** I know little about telepathy or mind-reading.



**Sandhya:** How do you do?  
**Ankitha:** How do you do?

**Sandhya:** Are you in a hurry?  
**Ankitha:** Not at all.

**Sandhya:** Can we have a chat?  
**Ankitha:** Why not?

**Sandhya:** You seem to be in a hurry. Shall we meet again?  
**Ankitha:** Don't be cynical and dim-viewed. I'm not in a hurry.

**Sandhya:** The way you look away from me and talk in monosyllables and phrases ...  
**Ankitha:** So you conclude that I'm in a hurry? Don't be negative.

**Sandhya:** Am I negative?  
**Ankitha:** Yes. You must give up your negative thinking.

**Sandhya:** My God! Are you a mind reader?  
**Ankitha:** I know little about telepathy or mind-reading.

**Sandhya:** How could you guess what was on my mind?  
**Ankitha:** Guess what?

**Sandhya:** I wanted to have a detailed chat with you on negative mindset.  
**Ankitha:** Come on. Let's discuss.

**Sandhya:** What's negative thinking? You spoke to me about it several times.  
**Ankitha:** What's your opinion of Dr Vaidyanath in our town?

**Sandhya:** That old man? Nobody prefers him for treatment.  
**Ankitha:** Has a dull practice, doesn't he?

**Sandhya:** You're right. In perfect contrast with Dr Hanumanthu who has a roaring practice.  
**Ankitha:** How does the latter have an edge over the former?

**Sandhya:** Dr Hanumanthu's is a posh clinic. Furnished and equipped beyond your imagination.  
**Ankitha:** What else is in his favour?

**Sandhya:** He doesn't waste time with the patients. Very reserved and grave. Restive! In five minutes, your prescription is ready. Not less than nine medicines for you. Worth his fee of five hundred rupees. A wonderful, famous, much sought-after doctor.  
**Ankitha:** A laundry list of medicines! What about Dr Vaidyanath?

**Sandhya:** Very boring, stodgy, humdrum! Not less than forty minutes before he writes his prescription.  
**Ankitha:** Forty minutes! Hats off to him for his patience and concern.

**Sandhya:** He asks you a volley of questions. He asks you about your food habit, sleeping style, daily routine from morning till night, activities for the past thirty days, about your parents' health.  
**Ankitha:** So many questions?

**Sandhya:** Then he writes his prescription slowly and neatly, as if unwilling to leave your company.  
**Ankitha:** A long prescription?

**Sandhya:** No. Just one or two medicines. Of course, worth his fee of a hundred rupees.  
**Ankitha:** Do you prefer this doctor?

**Sandhya:** No. I never consult him.  
**Ankitha:** That's your negative thinking. He's a retired professor, with fifty years of experience. Service minded, ethical in practice. And you proscribe and dismiss him as inefficient and insignificant.



**సూర్యారావు ఎం.వి**  
వివేకానంద ఇన్స్టిట్యూట్ ఆఫ్ లాంగ్వేజెస్, రామకృష్ణ మఠం.