## AL AF Is there such great power in Ganesha?

వినాయక చవితి అంటే రంగురంగుల గణపయ్య విగ్రహాలు, తీరొక్కవేదికలు, భక్తుల ఫూజలు, భక్తిగీతాలతో సందడిగా ఉండే ప్రాంగణాలే గుర్తుకువస్తాయి. పండుగ ముగిసే సమయానికి లద్దూ వేలంపాటల కార్యక్రమం ఉంటుంది. ఇదంతా భౌతికమైన తంతు మాత్రమే. ఆధ్యాత్నికంగా చూస్తే వినాయకుడి ఆరాధన మన వ్యక్తిత్వ వికాసానికి బాటలు వేస్తుంది. మనకు ఉన్నత జీవితాన్ని ప్రసాదిస్తుంది. ఈ సంభాషణలో హలీశ్, గణేశ్ ఈ విషయాల Harish: Worship Him, and you'll గులించే మాట్లాడుకుంటున్నారు.

Ganesh: Isn't it very difficult to face the difficulties of life?

Harish: Ganesh Chaturthi! What a festive atmosphere! Ganesh: The same routine. The same ritual. Pandals, idols, puja and immersion.

learn to accept the difficulties

Harish: Do you think it's merely a mundane, banal celebration? Ganesh: Competing to install the tallest idol. Making eco-harmful idols. Causing pollution.

Harish: They're just aberrations. Ganesh: High-range auction and bidding of the coveted laddu!

Harish: Just an expression of festive enthusiasm. You're focusing on how it's celebrated. Please know why it's celebrated.

Ganesh: It's celebrated because it's to be celebrated at this time of the year.

Harish: Every festival has a moral, ethical and spiritual significance. Ganesh: To placate God?

Harish: Worship Ganesha, and you'll become a discreet, decent, dignified human being. Ganesh: I don't understand.

Harish: You can grow inwardly. You'll understand this world and life more and

28 ಬతు පකා, 8 సెప్టెంబర్ 2024 more. Ganesh: And?

Harish: You can achieve holistic personality development. You can cultivate and perfect your thought, speech and action. Ganesh: And?

Harish: You can cultivate patience and perseverance to achieve success in all your endeavours. Ganesh: And?

Harish: Lord Ganesha gives us strength to face obstacles, criticism, opposition and setbacks which hamper our success. Ganesh: Can He remove the obstacles in your path?

Harish: Obstacles will drop like dry

## MIND IN PSYCHIATRIST'S HANDS

Kanaka: I'm afraid I have insulted you. Sathya: Never mind. Kanaka: I'm really sorry. Please don't mind. Sathya: I have no mind. Kanaka: Have you lost it? Sathya: No, I've left it. Kanaka: Where did you leave it? Sathya: In the psychiatrist's hands

leaves. They will float away like clouds. Ganesh: Can He remove the difficulties of life?

Harish: Worship Him, and you'll learn to accept the difficulties. Ganesh: Isn't it very difficult to face the difficulties of life?

Harish: If you run away from difficulties, they will chase you; if you chase them, they will run away from you. Ganesh: Is there such great power in Ganesha?

Harish: He gives us unflinching selfconfidence, unwavering willpower. You need faith in yourself and faith in God to succeed in life. Ganesh: And?

Harish: He gives us power of concentration, clarity of thought, foresight, discretion. He gives us buddhi. Ganesh: Great!

Harish: Buddhi brings us siddhi.



సూర్వారావు ఎం.వి వివేకానంద ఇన్స్టిట్యూట్ ఆఫ్ లాంగేఁజెస్, రామకృష్ణ మఠం.

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